

Information and Consent

Sculptra™ Therapy

Sculptra™ is a cosmetic product used to fill defects of the skin at deep levels. It is important that you understand that Sculptra™ is simply a collagen stimulator. The Sculptra™ product itself is NOT providing the filling action the Sculptra™ product causes a reaction in the skin, which forms new collagen. The Sculptra™ product itself is digested by the skin and is gone about 2 years after a treatment, but the new collagen layer which is left behind may last 2 or more years. Sculptra™ requires a SERIES of treatments to achieve adequate filling for most skin defects. You may need anywhere from 2 to 6 treatments at 4 to 8 week intervals to achieve your best result.

What you can expect:

- 1) The **injector** will take an abbreviated medical history from you before your first treatment, as well as take photographs of your treatment area. It is your duty to disclose your complete medication list, and any pertinent medical history, particularly of bleeding disorders, previous cosmetic surgical procedures, keloid scar history, history of facial herpes, and use of aspirin, anti-inflammatory, anticoagulant, or immuno-suppressive therapies. Stop all aspirin, ibuprofen/Motrin, Aleve, and Vitamin E (pills) for 1 week prior to treatment **to avoid bruising**.
- 2) Sculptra™ is injected under the skin in the area to be treated using several injections per area. The treated areas will be mildly sore for up to 3 days after treatment.
- 3) Your skin will be deeply massaged/manipulated after treatment, and then ice packs applied for several minutes. This helps to minimize bruising. You may resume normal activity immediately.
- 4) Your skin may appear "lumpy" and mildly red or swollen for 24 to 48 hours after the treatment. This is normal. There may be mild bruising of the skin, especially if treatment is around the eyes, which may last for up to 7 days. If swelling is severe, pain or bruising is increasing, or fever develops, **call us**.
- 5) You will have puffiness (not severe) for up to 10 days after the procedure. This is simply the water used to carry the Sculptra™ product into your skin, and most of this is reabsorbed within the first week.
- 6) Treatment sessions are generally spaced 4 to 8 weeks apart. Deep defects may require 4 to 6 treatment sessions; persons with lesser skin defects can often be treated with as little as 2 sessions. The volume of Sculptra™ injected at each session is entirely dependent on the size of the defect being corrected. Single treatments every 1 to 3 years appear to "keep up" with the natural loss of tissue volume due to aging.
- 7) The effect of Sculptra™ is slow and gradual as your skin forms collagen around the product crystals. Your best results are seen about 3 months after your last treatment. Please be patient!

Possible adverse events

- 1) Swelling and bruising, as noted above. Temporary numbness or tingling in the treated area are temporary partial facial muscle paralysis (from the lidocaine anesthetic), lasting less than 2 hours.
- 2) Infection at the injection sites. This would be very rare and treated with routine antibiotics.
- 3) Undesired cosmetic effect, such as an unexpected appearance after treatment. These events can be limited by clear communication with **us** about your specific treatment goals.
- 4) Small "bumps" commonly form deep in the skin in the treated areas, which may or may not become visually apparent. This represents new collagen which has formed deep in the skin.

After each treatment, please avoid the sun for 48 hours and deeply massage the treated area 5 minutes, 5 times a day, for 5 days. This is very important and improper manipulation of the product could result in a granuloma (lump) forming!

Your signature below indicates that you have read the above and consent to Sculptratm treatment. The full cost associated with Sculptra™ administration falls entirely upon the patient. A copy of this signed consent form will be given to you.

Patient Signature: _____

Date: _____ Time: _____

Witness Name: _____

Date: _____ Time: _____