

## Lips Permanent Makeup Procedure After Care

## 1. Day Nr.1 ( Day of the procedure)

-It is very important to remove the lymph from the surface of the skin in order to avoid heavy scabbing. Right after the procedure clean the lips with damp cotton( clean bottled water) every 30 min until bedtime. Before sleep if the lips still got some dry lymph then wash with lukewarm water gently removing the dry lymph, pat dry and apply Aquaphor Healing Ointment( you can find it in any grocery store, kids section)

-Sometimes the lips can bruise even after the procedure, do not worry, the bruising will go away within couple hours after the procedure.

## 2. Day Nr.2

- -The lips may be swollen the second day as well. Please do not ice the lip's skin
- -Keep the skin moist at all times, do not let the lips to be dry.

## 3. Day NR. 3-7

-Keep applying the Ointment as needed, means as soon as the lips start feeling dry apply the Ointment.

**During Day 1 to Day 7 or even longer**( until the scabs are gone) **AVOID** water( for the PMU area), makeup, excessive sweating, no sauna, no pools, no sunbathing, do not PEEL the scabs at all( you may cause scarring if otherwise)

Do not apply anything besides Aquaphor ointment such as vaseline, antibiotic creams, neosporin etc. Grapeseed oil may be used to substitute aquaphor.

During 4 weeks after the procedure is best to not use creams that contain acids or ingredients that will lighten or exfoliate the skin.

The touch up is best to be done 8 weeks later and allow extra time for clients that heal longer, also give extra healing time for mature clients as well.